

### ABSTRACT OF THE DISCLOSURE

An image forming method for stacking sheets in an apparatus that operates in a first mode or a second mode and includes discharging bins in which image-formed sheets are stacked. Sheets are discharged face-up in the first mode and face-down in the second mode.

5 The method has the step of selecting the first or second mode and then making different an amount of sheets stacked in the discharging bin depending on the selected mode.

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